

Swimming Camp

Special Swimming
Lessons by
Gold Medalist
Rie Kaneto



26 - 28 May 2023

Venue:
Hamdan Sports Complex

Price

1. 1.5hr session AED300
(AED 200 for first 30 students)
2. Video session AED150
(AED 100 for first 10 students)

Note

Japanese to English translator
available for each coach.

Registrations Open
For more information:
+971 50 982 8837
admin@wfevents.ae
www.wfevents.ae

Rie Kaneto

2008 Olympics - Kaneto represented Japan as a 19-year-old in the 200M Breaststroke. She placed second at the Japanese Olympic trials with a time of 2:26.28. Kaneto take the seventh spot in the final by nine hundredths of a second (0.09), in an outstanding time of 2:25.14.

2016 Rio Olympics - Kaneto won gold in the 200M Breaststroke with a time of 2:20.30, beating second place finisher, Yulia Efimova by 1.67 seconds.



SCHEDULE

	26 th May Friday	27 th May Saturday	28 th May Sunday
10:00 am – 11:30 am	-	Intermediate Level Freestyle & Breaststroke 13 – 15 years old	Intermediate Level Freestyle & Breaststroke 16 years old & Above
11:30 am – 12:00 pm	-	Underwater Camera Session – 3	Underwater Camera Session – 7
12:00 pm – 1:30 pm	-	Advanced Level Breaststroke 13 – 15 years old	Advanced Level Breaststroke 16 years old & Above
1:30 pm – 2:00 pm	-	Underwater Camera Session – 4	Underwater Camera Session – 8
2:00 pm – 3:30 pm	Intermediate Level Freestyle & Breaststroke 7 – 12 years old	Advanced Level Start & Turn 13 – 15 years old <i>* For Competitors Only</i>	Swim Training 2500m 4 Styles 16 years old & Above
3:30 pm – 4:00 pm	Underwater Camera Session – 1	Underwater Camera Session – 5	Underwater Camera Session – 9
4:00 pm – 5:30 pm	Advanced Level Freestyle & Breaststroke 7 – 12 years old	Swim Training 2000m 4 Styles 13 – 15 years old	Breaststroke 16 years old & Above <i>* Advance Level & Coaches</i>
5:30 pm – 6:00 pm	Underwater Camera Session – 2	Underwater Camera Session – 6	Underwater Camera Session – 10

CRITERIA

- **Intermediate class**
for those who can swim crawl and breaststroke for more than 25m
- **Advanced class**
for those who can swim more than 200m in individual medley
**Only competitors can join in "Start & Turn" Session*
- **Swim Training 2,000 m**
for those who is a competitor with the time in 50seconds in 50m
- **Swim Training 2,500 m**
for those who is a competitor with the time in 45seconds in 50m
- **Breaststroke**
for swim coaches or over advanced level, with the time in 1:45 in Individual Medley